

Nutrition Assessment

Preload needed: NONE

Other section variables needed: A019 (R Age)

Fills: NONE

Variables in this module: V151-V169

IF THIS IS A PROXY INTERVIEW (A009={2 or 3}), GO TO END OF MODULE 4

{This module will be sharing sample with Module 5. Module 5 is asked of Rs < age 70, Module 4 is asked of Rs Age 70+}

IF R AGE IS <70 {A019 < 70}, GO TO MODULE 5

IF R AGE IS 70+ {A019 >= 70}, CONTINUE TO V151

<V151>

V151_EatenLessNormal

EATEN LESS THAN NORMAL PAST 3 MONTHS

Have you eaten less than normal over the past three months?

1. Yes → GO TO V152
5. No → GO TO V155
8. DK → GO TO V155
9. RF → GO TO V155

<V152>

V152_WhyEatenLess

WHY EATEN LESS

Is that because of lack of appetite, chewing or swallowing difficulties?

{check all that apply}

1. Lack of appetite {V152M1}
2. Difficulty chewing {V152M2}
3. Difficulty swallowing {V152M3}
4. Other {V152M4}
(specify _____) {V153=other specify}
8. DK
9. RF

<V153>

V153_SpecifyEatenLess

OTHER SPECIFY WHY EATEN LESS

Other specify {for V152}

<V154>

V154_HowMuchLess

HOW MUCH LESS

Have you eaten much less than before or only a little less?

1. Much less
2. A little less
8. DK
9. RF

<V155>

V155_LostWeightWithoutTrying

LOST WEIGHT WITHOUT TRYING LAST 3 MONTHS

Have you lost any weight without trying in the last three months?

1. Yes → GO TO V156
5. No → GO TO V158
8. DK → GO TO V158
9. RF → GO TO V158

<V156>

V156_WaitbandLooser

HAS WAISTBAND GOTTEN LOOSER

Has your waistband gotten looser?

1. Yes
5. No
8. DK
9. RF

<V157>

V157_WeightLost

LOST MORE THAN 6 POUNDS

Do you think you have lost more than six pounds?

1. Yes
2. No
8. DK
9. RF

<V158>

V158_StressLostSomeone

RECENTLY LOST FAMILY MEMBER OR FRIEND

Have you recently lost a family member or close friend?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF

<V159>

V159_StressMoved

RECENTLY MOVED

Have you recently moved from your home?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF

<V160>

V160_StressSick

RECENTLY BEEN SICK

Have you recently been sick?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF

<V161>

V161_TakeRxMeds

TAKE MORE THAN 3 RX MEDS

Do you take more than 3 prescription medications?

1. Yes
5. No
8. DK
9. RF

<V162>

V162_BedSores

HAVE ANY BED SORES

Do you have any bed sores?

[IWER: A bed sore or pressure sore is an injury to the skin and/or the tissues under the skin, most often over bony areas, caused by constant pressure that reduces blood supply to the area. It can cause skin to break down and form an open sore or ulcer.]

1. Yes
5. No
8. DK
9. RF

<V163>

V163_EatDairy

EAT AT LEAST ONE DAIRY SERVING DAILY

Do you eat at least one serving of a dairy product each day, such as a glass of milk, cheese in a sandwich, a cup of yogurt, or a can of high protein supplement?

1. Yes
5. No
8. DK
9. RF

<V164>

V164_EatBeansEggs

EAT BEANS OR EGGS DAILY

Do you eat at least two or more servings of beans or eggs each day?

[IWER: One serving is the usual amount that you think a person would eat at one meal]

1. Yes
5. No
8. DK
9. RF

<V165>

V165_EatMeatFishChicken

EAT MEAT, FISH OR CHICKEN

Do you eat meat, fish or chicken each day?

1. Yes
5. No
8. DK
9. RF

<V166>

V166_EatFruitVeg

EAT FRUITS AND VEGETABLES

Do you eat two or more servings of fruits and vegetables each day?

[IWER: One serving is the usual amount that you think a person would eat at one meal]

1. Yes
5. No
8. DK
9. RF

<V167>

V167_Fluids

NUMBER OF GLASSES OR CUPS OF FLUIDS DRUNK EACH DAY

How many glasses (or cups) of fluid do you drink each day, including tea, coffee, milk and fruit juice?

[IWER: One cup has eight ounces.]

_____ glasses or cups {Enter range 0 – 50}

98. DK

99. RF

<V168>

V168

OVERALL NUTRITIONAL STATUS

How would you describe your nutritional status? Would you say you are poorly nourished or don't have any nutritional problems?

1. Poorly nourished

2. Uncertain

3. No problem

9. RF

{programmer note: no need for DK here b/c "Uncertain" is listed in the codeframe}

<V169>

V169_DoctorRecommendProtein

DOCTOR RECOMMENDED YOU EAT MORE PROTEIN

Has a doctor ever recommended that you eat more protein or take protein supplements?

1. Yes

5. No

8. DK

9. RF

END OF MODULE 4.