Nutrition Assessment

Preload needed: NONE

Other section variables needed: A019 (R Age)

Fills: NONE

Variables in this module: V151-V169

IF THIS IS A PROXY INTERVIEW (A009={2 or 3}), GO TO END OF MODULE 4

{This module will be sharing sample with Module 5. Module 5 is asked of Rs < age 70, Module 4 is asked of Rs Age 70+}

IF R AGE IS <70 {A019 < 70}, GO TO MODULE 5
IF R AGE IS 70+ {A019 >= 70}, CONTINUE TO V151

<V151>
V151_EatenLessNormal
EATEN LESS THAN NORMAL PAST 3 MONTHS
Have you eaten less than normal over the past three months?

1. Yes \(\rightarrow\) GO TO V152
5. No \(\rightarrow\) GO TO V155
8. DK \(\rightarrow\) GO TO V155
9. RF \(\rightarrow\) GO TO V155

<V152>
V152_WhyEatenLess
WHY EATEN LESS
Is that because of lack of appetite, chewing or swallowing difficulties?
{check all that apply}

1. Lack of appetite \{V152M1\}
2. Difficulty chewing \{V152M2\}
3. Difficulty swallowing \{V152M3\}
4. Other \{V152M4\}
    (specify __________) \{V153=other specify\}
8. DK
9. RF
V153_SpecifyEatenLess
OTHER SPECIFY WHY EATEN LESS
Other specify {for V152}

V154_HowMuchLess
HOW MUCH LESS
Have you eaten much less than before or only a little less?
   1. Much less
   2. A little less
   8. DK
   9. RF

V155_LostWeightWithoutTrying
LOST WEIGHT WITHOUT TRYING LAST 3 MONTHS
Have you lost any weight without trying in the last three months?
   1. Yes → GO TO V156
   5. No → GO TO V158
   8. DK → GO TO V158
   9. RF → GO TO V158

V156_WaitbandLooser
HAS WAISTBAND GOTTEN LOOSER
Has your waistband gotten looser?
   1. Yes
   5. No
   8. DK
   9. RF

V157_WeightLost
LOST MORE THAN 6 POUNDS
Do you think you have lost more than six pounds?
   1. Yes
   2. No
   8. DK
   9. RF
RECENTLY LOST FAMILY MEMBER OR FRIEND
Have you recently lost a family member or close friend?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF

RECENTLY MOVED
Have you recently moved from your home?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF

RECENTLY BEEN SICK
Have you recently been sick?

[IWER: If R asks how recently, say within the last three months.]

1. Yes
5. No
8. DK
9. RF
<V161>
V161_TakeRxMeds
TAKE MORE THAN 3 RX MEDS
Do you take more than 3 prescription medications?

1. Yes
5. No
8. DK
9. RF

<V162>
V162_BedSores
HAVE ANY BED SORES
Do you have any bed sores?

[IWER: A bed sore or pressure sore is an injury to the skin and/or the tissues under the skin, most often over bony areas, caused by constant pressure that reduces blood supply to the area. It can cause skin to break down and form an open sore or ulcer.]

1. Yes
5. No
8. DK
9. RF

<V163>
V163_EatDairy
EAT AT LEAST ONE DAIRY SERVING DAILY
Do you eat at least one serving of a dairy product each day, such as a glass of milk, cheese in a sandwich, a cup of yogurt, or a can of high protein supplement?

1. Yes
5. No
8. DK
9. RF
Do you eat at least two or more servings of beans or eggs each day?

[IWER: One serving is the usual amount that you think a person would eat at one meal]

1. Yes
5. No
8. DK
9. RF

Do you eat meat, fish or chicken each day?

1. Yes
5. No
8. DK
9. RF

Do you eat two or more servings of fruits and vegetables each day?

[IWER: One serving is the usual amount that you think a person would eat at one meal]

1. Yes
5. No
8. DK
9. RF
V167_Fluids
NUMBER OF GLASSES OR CUPS OF FLUIDS DRUNK EACH DAY
How many glasses (or cups) of fluid do you drink each day, including tea, coffee, milk and fruit juice?

[IWER: One cup has eight ounces.]

________ glasses or cups {Enter range 0 – 50}
98. DK
99. RF

V168
OVERALL NUTRITIONAL STATUS
How would you describe your nutritional status? Would you say you are poorly nourished or don’t have any nutritional problems?

1. Poorly nourished
2. Uncertain
3. No problem
9. RF

{programmer note: no need for DK here b/c “Uncertain” is listed in the codeframe}

V169_DoctorRecommendProtein
DOCTOR RECOMMENDED YOU EAT MORE PROTEIN
Has a doctor ever recommended that you eat more protein or take protein supplements?

1. Yes
5. No
8. DK
9. RF

END OF MODULE 4