V000 BRANCHPOINT: IF THIS IS NOT A SELF-RESPONDENT (A009 NOT 1), GO TO END OF
MODULES

IF R IS ASSIGNED TO MODULE 6 (X009=6), CONTINUE ON TO V000

OTHERWISE, GO TO V000 BRANCHPOINT FOR MODULE 7 (X009=7)

V000_ModuleIntro
Although we have finished the interview, we would like to ask you a few new questions.
Some questions may be similar to questions we have already asked you, but the
researchers are interested in how people respond when the questions are changed just
a little.

[IWER: If R refused before starting a module, ENTER 9. If R started to do a module and
then changed his/her mind, ENTER 99]

1. R is willing
9. R refused at Module Intro   GO TO END OF MODULES
99. R refused after starting Module   GO TO END OF MODULES

V251_INTROEATPOTATOSNACKS
The next few questions are about common foods that many people eat during a normal day or
week. We would like to know how often during the <u>past week</u> you ate each one. You can answer
by the number of times per day or number of times per week.

How often did you eat potato chips or French fries in the past week?

[IWER: Use zero if never]

_____   Number of times

0   GO TO V253
DK   GO TO V253
RF   GO TO V253

/"Intro and eat potato snack"

V252_EATPOTATOSNACKSPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
4. Day
6. Week
8. DK
9. RF

/"Eat potato snack per"

V253_EATFRIEDMEATS

How often did you eat fried meats — for example, hamburgers, cheeseburgers, chicken, or pork chops — in the past week?

[IWER: Use zero if never]

_____   Number of times

0	GO TO V255
DK	GO TO V255
RF	GO TO V255

/"Eat fried meats"

V254_EATFRIEDMEATSPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
4. Day
6. Week
8. DK
9. RF

/"Eat fried meats per"

V255_EATPIZZA

(How often did you eat) pasta or pizza (in the past week)?

[IWER: Use zero if never]

_____   Number of times

0	GO TO V257
DK	GO TO V257
RF	GO TO V257

/"Eat pizza or pasta"

V256_EATPIZZAPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
4. Day
6. Week
8. DK
9. RF

/"Eat pizza or pasta per"

V257_EATSWEETS
(How often did you eat) sweets such as candy (in the past week)?

[IWER: Use zero if never]

_____ Number of times

0   GO TO V259
DK   GO TO V259
RF   GO TO V259

/"Eat sweets"

V258_EATSWEETSPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
  4. Day
  6. Week
  8. DK
  9. RF

/"Eat sweets per"

V259_EATCAKES
(How often did you eat) things like cakes, pies, or cobblers (in the past week)?

[IWER: Use zero if never]

_____ Number of times

0   GO TO V261
DK   GO TO V261
RF   GO TO V261

/"Eat cakes or pies"

V260_EATCAKESPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
  4. Day
  6. Week
  8. DK
  9. RF

/"Eat cakes or pies per"

V261_EATCOOKIES
(How often did you eat) cookies, muffins, brownies (in the past week)?

[IWER: Use zero if never]

_____   Number of times

0	GO TO V263
DK	GO TO V263
RF	GO TO V263

/"Eat cookies or muffins"

V262_EATCOOKIESPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
    4. Day
    6. Week
    8. DK
    9. RF

/"Eat cookies or muffins per"

V263_EATICECREAM
(How often did you eat) ice cream (in the past week)?

[IWER: Use zero if never]

_____   Number of times

0	GO TO V265
DK	GO TO V265
RF	GO TO V265

/"Eat ice cream"

V264_EATICECREAMPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
    4. Day
    6. Week
    8. DK
    9. RF

/"Eat ice cream per"

V265_DRINKSODA

How often did you drink soda pop in the past week?

[IWER: Use zero if never]

_____ Number of times

0   GO TO V267
DK   GO TO V267
RF   GO TO V267

/"Drink soda"

V266_DRINKSODAPER
[IWER: Probe if necessary]

Was that per day or per week?

PER:
    4. Day
    6. Week
    8. DK
    9. RF

/"Drink soda per"

V267_EATFASTFOOD

On average, how often do you go to a fast food restaurant?

[IWER: Use zero if never]

_____ Number of times

0   GO TO V269
DK   GO TO V269
RF   GO TO V269

/"Eat at fast food restaurant"

V268_EATFASTFOODPER
[IWER: Probe if necessary]

Is it more than once a week, once a week, one to three times a month, or hardly ever or never?

    1. More than once a week
    2. Once a week
    3. One to three times a month
    4. Hardly ever or never
    5. [Vol] every day
    8. DK
    9. RF

/"Eat at fast food restaurant per"

V269_ALCOHOLFORSTRESS
Because of all the demands of work, home, family or friends, we all feel stressed at times. The following questions ask about things <u>you</u> are most likely to do after having what <u>you</u> think is a stressful event or day.

How often do you use alcohol to help make it easier to bear?
Would you say very often, fairly often, not too often, hardly ever or never?

    1. Very often
    2. Fairly often
    3. Not too often
    4. Hardly ever
    5. Never   GO TO V271
    8. DK   GO TO V271
    9. RF   GO TO V271

/"How often use alcohol"

V270_ ALCOHOLREDUCESTRESS
How much did it reduce your feelings of being stressed?
Would you say a great deal, some, not very much or not at all?

    1. A great deal
    2. Some
    3. Not very much
    4. Not at all
    8. DK
    9. RF

/"Did alcohol reduce stress"

V271_DRUGSFORSTRESS
How often do you use prescription or other drugs to help make it easier to bear?
Would you say very often, fairly often, not too often, hardly ever or never?

    1. Very often
    2. Fairly often
    3. Not too often
    4. Hardly ever
    5. Never   GO TO V273
    8. DK   GO TO V273
    9. RF   GO TO V273

/"How often use drugs"

V272_DRUGSREDUCESTRESS

How much did it reduce your feelings of being stressed?
Would you say a great deal, some, not very much or not at all?

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did drugs reduce stress"

V273_EATFORSTRESS

How often do you eat more than normal to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

1. Very often
2. Fairly often
3. Not too often
4. Hardly ever
5. Never   GO TO V275
8. DK   GO TO V275
9. RF   GO TO V275

/"How often eat more"

V274_EATINGREDUCESTRESS

How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did eating reduce stress"

V275_SMOKEFORSTRESS
How often do you smoke cigarettes to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

1. Very often
2. Fairly often
3. Not too often
4. Hardly ever
5. Never   GO TO V277
8. DK   GO TO V277
9. RF   GO TO V277

/"How often smoke"

V276_SMOKINGREDUCESTRESS
How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did smoking reduce stress"

V277_EXERCISEFORSTRESS
How often do you use heavy exercise or other similar activities to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

1. Very often
2. Fairly often
3. Not too often
4. Hardly ever
5. Never   GO TO V279
8. DK   GO TO V279
9. RF   GO TO V279

/"How often exercise"

V278_EXERCISEREDUCESTRESS
How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did exercise reduce stress"

V279_PRAYERFORSTRESS
How often do you pray or get someone to pray for you to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

    1.   Very often
    2.   Fairly often
    3.   Not too often
    4.   Hardly ever
    5.   Never   GO TO V281
    8.   DK   GO TO V281
    9.   RF   GO TO V281

/"How often pray"

V280_PRAYERREDUCESTRESS
How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

    1.   A great deal
    2.   Some
    3.   Not very much
    4.   Not at all
    8.   DK
    9.   RF

/"Did praying reduce stress"

V281_ADVICEFORSTRESS
How often do you get help and advice from friends, relatives, or people in your church to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

    1.   Very often
    2.   Fairly often
    3.   Not too often
    4.   Hardly ever
    5.   Never   GO TO V283
    8.   DK   GO TO V283
    9.   RF   GO TO V283

/"How often get advice"

V282_ADVICEREDUCESTRESS
How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did advice reduce stress"

V283_PROFESSLHELPFORSTRESS
How often do you seek help from a counselor, minister, or other professional person to help make it easier to bear?
(Would you say very often, fairly often, not too often, hardly ever or never?)

1. Very often
2. Fairly often
3. Not too often
4. Hardly ever
5. Never   GO TO V285
8. DK   GO TO V285
9. RF   GO TO V285

/"How often get professional help"

V284_PROFSNLHELPREDUCESTRESS
How much did it reduce your feelings of being stressed?
(Would you say a great deal, some, not very much or not at all?)

1. A great deal
2. Some
3. Not very much
4. Not at all
8. DK
9. RF

/"Did professional help reduce stress"

V285_TROUBLEGETTINGSERVICES
We are interested in knowing about your experiences with different kinds of agencies and offices that are important to day-to-day living. Think about experiences you have had in the past three months with agencies and offices, such as local government, insurance offices, and utility companies.

How much trouble have you had in getting benefits and services?
Would you say a lot of trouble, some trouble, very little trouble, no trouble at all, or have you had no contact?

1. A lot of trouble
2. Some trouble
3. Very little trouble
4. No trouble at all
5. No contact
8. DK
9. RF

/"Trouble getting benefits or services"

END OF MODULE 6 — GO TO END OF MODULES