V000 BRANCHPOINT: IF THIS IS NOT A SELF-RESPONDENT (A009 NOT 1), GO TO END OF MODULES

IF R IS ASSIGNED TO MODULE 4, CONTINUE ON TO V000

OTHERWISE, GO TO V000 BRANCHPOINT FOR MODULE 5

V000_ModuleIntro

Although we have finished the interview, we would like to ask you a few new questions. Some questions may be similar to questions we have already asked you, but the researchers are interested in how people respond when the questions are changed just a little.

[IWER: If R refused before starting a module, ENTER 9. If R started to do a module and then changed his/her mind, ENTER 99]

1.   R is willing
9.   R refused at Module Intro   GO TO END OF MODULES
99. R refused after starting Module   GO TO END OF MODULES

V151_WEIGHTCOMPARISON

I would like to ask you a few questions about your weight.

Around age 12 to 13, how would you describe your weight compared to other [girls/boys] your own age? Would you say you were thinner, heavier, or about the same weight as other [girls/boys] your own age?

1. Thinner
2. About the same
3. Heavier
8. DK
9. RF

Question Type: Enumerated; Range 1-3
/"Weight compared to others during childhd"

V152_SCALEAGE18

Did you have a scale in your house when you were 18 years old?

1.   Yes
5.   No
8.   DK
9.   RF

Question Type: Enumerated; Range 1 and 5
/"Scale in house at age 18"

V153_WEIGHTAGE18
About how much did you weigh when you were 18 years old?

_____ (Pounds)

DK
RF

Question Type: Enumerated; Range 50-997
/"Weight at age 18"

V154_SCALECURRENT
Do you currently have a scale in your house?

1. Yes
5. No
8. DK
9. RF

Question Type: Enumerated; Range 1 and 5
/"Scale in house currently"

V155_FREQWEIGHSELF
About how often do you weigh yourself?

1. Never
2. Once a year or less
3. More than once a year, but less than once a month
4. 1-3 times a month
5. Once a week or more
8. DK
9. RF

Question Type: Enumerated; Range 1-5
/"How often weigh self"

V156_NOTICEGAIN
About how many pounds do you think you would need to gain before you would notice that you had gained weight?

_____ (Pounds)

DK
RF

Question Type: Enumerated; Range 0-997
/"Pounds before notice weight gain"

V157_LOWESTWEIGHT

What is the least you have weighed since age 18?

_____ (Pounds)

DK   GO TO V159
RF   GO TO V159

Question Type: Enumerated; Range 50-997
/"Least weighed since age 18"

V158_AGELOWESTWEIGHT

About how old were you then?

IWER: Probe if needed: "If you don't know your exact age, please make your best guess."

_____ (Age in years)

DK
RF

Question Type: Enumerated; Range 18-110
/"Age when weighed least"

V159_WEIGHTCYCLING

Have you lost 10 or more pounds <u>at least 3 times</u> in your life [not including weight loss in the 6 months after pregnancy/]?

1. Yes
5. No   GO TO V164 BRANCHPOINT
8. DK   GO TO V164 BRANCHPOINT
9. RF   GO TO V164 BRANCHPOINT

Question Type: Enumerated; Range 1 and 5
/"Weight cycling –-at least 3 times"

V160_FREQWEIGHTCYCLING

How many times in your life have you lost 10 or more pounds [not including weight loss in the 6 months after pregnancy/]?

_____ (Number of times)

DK
RF

Question Type: Enumerated; Range 3-97
/"Weight cycling – number of times"

BEGINNING OF V161 LOOP (WEIGHT LOSS CYCLE): *QUESTIONS V161 THROUGH V163 ARE REPEATED FOR EACH CYCLE OF WEIGHT LOSS REPORTED AT V160, UP TO 5 CYCLES ***

V161 BRANCHPOINT: IF R HAS BEEN ASKED ABOUT FIVE WEIGHT LOSS CYCLES, GO TO V164

IF R HAS BEEN ASKED ABOUT THREE WEIGHT LOSS CYCLES *and* DID NOT SAY HOW MANY TIMES HAD LOST AT LEAST 10 POUNDS (V160={DK *or* RF}), GO TO V164

V161_AGELOST

How old were you the [first/next/last] time you lost 10 or more pounds?

IWER: Probe if needed: "If you don't know your exact age, please make your best guess."

_____ (Age in years)

DK
RF

Question Type: Enumerated; Range 0-110
/"Age lost 10 or more pounds"

V162 BRANCHPOINT: If THIS IS THE SECOND TIME THROUGH THE LOOP *and* R SAID DON'T KNOW FOR BOTH LOOPS (V161=DK ON {FIRST *and* SECOND} LOOP, GO TO V164

V162_AMOUNTLOST

About how much weight did you lose then?

_____ (Pounds)

DK
RF

Question Type: Enumerated; Range 10-997
/"Number of pounds lost"

V163_LOSSINTENTIONAL

Was this loss intentional, that is did you mean to lose weight?

1. Yes
5. No
8. DK
9. RF

Question Type: Enumerated; Range 1 and 5
/"Was weight loss intentional"

END OF V161 LOOP (WEIGHT LOSS CYCLE): *GO BACK TO V161 bRANCHPOINT ***

V164 BRANCHPOINT: IF R IS LESS THAN 26 YEARS OF AGE (A019 < 26), GO TO V167 BRANCHPOINT

IF R HAS ALREADY REPORTED WEIGHT AT AGE 25 (V158=25), GO TO V165

V164_WEIGHTAGE25
Now I am going to ask you about your weight at different times of your life.

About how much did you weigh at age 25?

_____ (Age in years)

DK   GO TO V167 BRANCHPOINT
RF   GO TO V167 BRANCHPOINT

Question Type: Enumerated; Range 50-997
/"Weight at age 25"

V165_HEIGHTFEETAGE25
About how tall were you at age 25?

_____ Feet

DK   GO TO V167 BRANCHPOINT
RF   GO TO V167 BRANCHPOINT

Question Type: Enumerated; Range 3-10
/"Height at age 25 - feet"

V166_HEIGHTINCHESAGE25
(About how tall were you at age 25?)

IWER: Record to the quarter of an inch. E.g., record 7 ¼ inches as 7.25. Record 7 inches as 7.00.

_____ (Inches)

DK
RF

Question Type: Enumerated; Range 00.00-11.75
/"Height at age 25 - inches"

V167 BRANCHPOINT: IF R IS LESS THAN 46 YEARS OF AGE (A019 < 46), GO TO V168 BRANCHPOINT

IF R HAS ALREADY REPORTED WEIGHT AT AGE 45 (V158=45), GO TO V168 BRANCHPOINT

V167_WEIGHTAGE45
About how much did you weigh at age 45?

_____ (Pounds)

DK
RF

Question Type: Enumerated; Range 50-997
/"Weight at age 45"

V168 BRANCHPOINT: IF R IS LESS THAN 66 YEARS OF AGE (A019 < 66), GO TO V169

IF R HAS ALREADY REPORTED WEIGHT AT AGE 65 (V158=65), GO TO V169

V168_WEIGHTAGE65
About how much did you weigh at age 65?

_____ (Pounds)

DK
RF

Question Type: Enumerated; Range 50-997
/"Weight at age 65"

V169_PROBLOSEWEIGHT
Now I want to ask you about your future weight.

Using any number from zero to 100, where 0 equals absolutely no chance and 100 equals absolutely certain, what do you think are the chances that you will <u>lose</u> weight in the next two years?

| .... | .... | .... | .... | .... | .... | .... | .... | .... | .... | DK
00   10   20   30   40   50   60   70   80   90   100
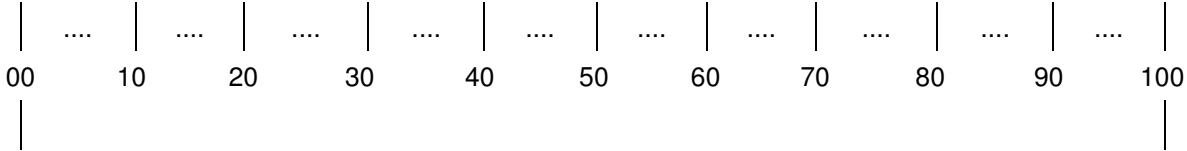
RF
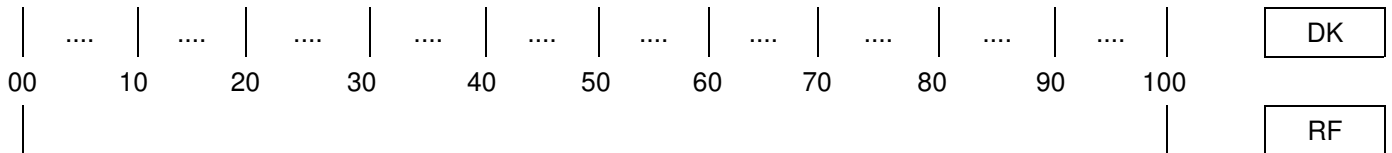
Question Type: Enumerated; Range 0 to 100
/"Probability lose weight in 2 years"

V170_PROBGAINWEIGHT

(Using any number from zero to 100, where 0 equals absolutely no chance and 100 equals absolutely certain,)

What do you think are the chances that you will <u>gain</u> weight in the next two years?

| .... | .... | .... | .... | .... | .... | .... | .... | .... | .... |
| 00 | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 |

DK

RF

Question Type: Enumerated; Range 0 to 100
/"Probability gain weight in 2 years"

V171_PROBSAMEWEIGHT

(Using any number from zero to 100, where 0 equals absolutely no chance and 100 equals absolutely certain,)

What do you think are the chances that you will stay about the same weight in the next two years?

| .... | .... | .... | .... | .... | .... | .... | .... | .... | .... |
| 00 | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 |

DK

RF
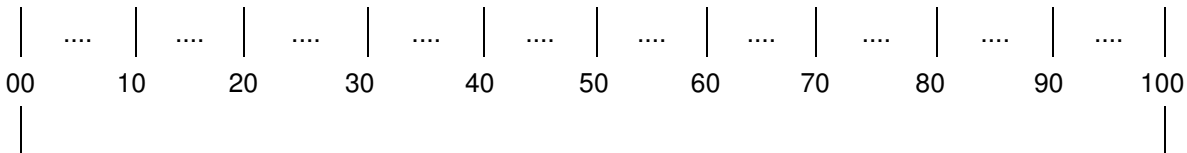
Question Type: Enumerated; Range 0 to 100
/"Probability stay same weight in 2 years"

V172_MEALSPERDAY

How many meals do you usually eat per day?

_____ (Number of meals)

DK
RF

Question Type: Enumerated; Range 0-10
/"Number of meals per day"

V173_MEALSALONE

How many meals per day do you usually eat alone?

_____ (Number of meals)

DK
RF

Question Type: Enumerated; Range 0-10
/"Number of meals eat alone"

END OF MODULE 4 — GO TO END OF MODULES