

EXPERIMENTAL MODULE 3: PHYSICAL FUNCTIONING

Now we would like to ask you a few questions that are much like ones we asked before--researchers are frequently interested in whether small differences in the way questions are worded have an influence on the answers.

We are interested in how much difficulty people have with various activities because of a health or physical problem. Exclude any difficulties that you expect to last less than three months.

How difficult is it for you to...	NOT AT ALL DIFFICULT (1)	A LITTLE DIFFICULT (2)	SOMEWHAT DIFFICULT (3)	VERY DIFFICULT/ CAN'T DO (4)	DON'T DO (6)
B4a. ...run or jog about a mile? (Is this not at all difficult, a little difficult, somewhat difficult, very difficult, or something that you can't do at all?)	GO TO B4e	GO TO B4b	GO TO B4b	GO TO B4b	GO TO B4b
B4b. ...walk several blocks?	GO TO B4e	GO TO B4c	GO TO B4c	GO TO B4c	GO TO B4c
B4c. ...walk one block?	GO TO B4e	GO TO B4d	GO TO B4d	GO TO B4d	GO TO B4d
B4d. ...walk across a room?					
B4e. ...sit for about 2 hours?					
B4f. ...get up from a chair after sitting for long periods?					
B4g. ...get in and out of bed without help?					
B4h. How difficult is it for you to climb several flights of stairs without resting?	GO TO B4k	GO TO B4j	GO TO B4j	GO TO B4j	GO TO B4j
B4j. ...climb one flight of stairs without resting?					
B4k. ...lift or carry weights <u>over</u> 10 pounds, like a heavy bag of groceries?					

B4m. How difficult is it for you to stoop, kneel, or crouch?					
B4n. ...pick up a dime from a table?					
B4p. ...bathe or shower without help?					
B4q. ...reach or extend your arms above shoulder level?					
B4r. ...pull or push large objects like a living room chair?					
B4s. ...eat without help?					
B4t. ...dress without help?					